

Small Group & Personal Bible Study Lesson

Pastor Dennis Hadley

Memory Verse: Psalm 37:4

Commit your way to the LORD;
trust in him and he will do this:

Daily Reading and Reflection on the Word of God:

(Be prepared to share what you wrote down as you reflected on God's Word each day from these verses)

Day 1: Psalm 37:3

³ Trust in the LORD and do good;
dwell in the land and enjoy safe pasture.

What is God's Word telling me to do?

I must trust in God and obey His Word and leading.

What promise do you find in this verse from following God's Word?

God gives me a promise of safe pasture in the place He has given to me.

Day 2: Psalm 37:4

⁴ Delight yourself in the LORD
and he will give you the desires of your heart.

What is God's Word telling me to do?

Find delight in God. See Him as the fullness of my life. He is my joy. Quit looking to other things or people to find delight but rather look always to God.

What promise do you find in this verse from following God's Word?

When I delight in God he blesses me with the desires of my heart. Keeping in mind that finding true delight in God will no doubt alter the desires of my heart.

Day 3: Psalm 37:5

⁵ Commit your way to the LORD;
trust in him and he will do this:

What is God's Word telling me to do?

I must be willing to commit (roll with the Lord) which is in essence following and trusting God. It means I must give up my will and follow His knowing He is able and He loves me.

What promise do you find in this verse from following God's Word?

When I trust and commit God fulfills His promise. "He will do this." I was confirmed as a Lutheran when I was a student and this was my confirmation verse. Not sure it meant that much to me then but it sure does now. When I finally committed my way to the Lord and trusted Him He did His thing with my life and He is not done yet.

Day 4: Psalm 37:6

⁶ He will make your righteousness shine like the dawn,
the justice of your cause like the noonday sun.

Connect verse 5 and 6 together, what will He do?

God promises to use us as His light to the world. Our lives become praise offerings to God as we trust in Him. Jesus was clear that we are to let our light shine among men and it is God who causes that to happen when we commit our ways to the Lord and trust in Him.

What is the result of trusting and committing our ways to the Lord?

He uses us and makes us shine for Him.

Day 5: Psalm 37:7

⁷ Be still before the LORD and wait patiently for him;
do not fret when men succeed in their ways,
when they carry out their wicked schemes.

What is God's Word telling me to do?

God wants me to find rest and contentment in Him. If I do not trust God I cannot be still and wait patiently.

Why would God want me to be still and wait patiently for him?

It demonstrates my trust and gives me opportunity to experience Him at work in my life that I would otherwise mess up.

Day 6: Psalm 37:8

⁸ Refrain from anger and turn from wrath;
do not fret—it leads only to evil.

What is God's Word telling me to do?

God wants me to trust in Him. That means anger and revenge have no part in my life. If I trust and love God I will desire to follow Him. God doesn't want me to fret either. It shows distrust and each of these ungodly character traits lead me to do ungodly things.

What is happening in my life when I get angry or I choose to fret?

I am taking control. I am becoming #1 in my life rather than God. And I am not trusting God is in control. I am not trusting God's great plan and purpose in all things.

Day 7: Psalm 37:9

⁹ For evil men will be cut off,
but those who hope in the LORD will inherit the land.

What is God's Word telling me to do?

It is only through hope and patient waiting on the Lord in complete surrender and trust that I receive the His blessing in their fullest.

What promise do you find in this verse from following God's Word?

God promises that I will inherit the land. His promise is an eternal promise and His land is the kingdom of God, an eternal paradise.