

Wisdom during Discouraging Times Selected Proverbs

“All the days of the oppressed are wretched, but the cheerful heart has a continual feast.” Proverbs 15:15

“Consider it pure joy, my brothers, whenever you face trials of many kinds... If anyone lacks wisdom, he should ask God, who gives generously to all without finding fault, and it will be given to him.” James 1: 2 & 5

Five Wise Principles to Remember in Discouraging Times:

1. Remember _____.

“For though a righteous man falls seven times, he rises again, but the wicked are brought down by calamity.” Prov. 24:16

2. Remember _____.

“A friend loves at all times, and a brother is born for adversity.” Prov. 17:17

3. Remember _____.

“Every word of God is flawless; he is a shield to those who take refuge in him.” Prov. 30:5

4. Remember _____.

“The horse is made ready for the day of battle, but victory rests with the Lord.” Prov. 21:31

5. Remember _____.

“If you falter in times of trouble how small is your strength!” 24:10

Small Group & Personal Bible Study

Memory Verse: Psalm 27:1

“The Lord is my light and my salvation - whom shall I fear? The Lord is the stronghold of my life - of whom shall I be afraid?”

Daily Meditation Reading: Psalm 27 & 28

- Day 1 - Psalm 27:1-3
- Day 2 - Psalm 27:4-6
- Day 3 - Psalm 27:7-14
- Day 4 - Psalm 28:1-6
- Day 5 - Psalm 28:7-9

Discovery Bible Study Exercise: In your journal or on a piece of paper make three columns and follow these steps:

- Step #1: Write out Psalm 27:1
- Step #2: Re-write Psalm 27:1 in your own words
- Step #3: Write out what you discover from this passage?

Lesson: Wisdom during Discouraging Times

1. Reflecting on Pastor Tim’s message Sunday, which of the five principles (or the five Proverbs) spoke to you as something you must remember when facing discouraging times?
2. Read Psalm 27 and 28. What encouragement do you get from Psalm 27 and 28 that will help in the time of trouble?
3. James 1:2 tells us to “consider it pure joy when we face trials of many kinds.” How difficult is it for you to find joy in the midst of trials?
4. What will it take you to do to learn to face troubles with joy and hope?