

Small Group Leader & Personal Bible Study

Memory Verse: Proverbs 3:5-6

“Trust in the LORD with all your heart and lean not on your own understanding; in all your ways acknowledge him, and he will make your paths straight.”

Discovery Bible Study Exercise: In your journal or on a piece of paper make three columns and follow these steps:

- Step #1: Write out Proverbs 3:5-6
- Step #2: Re-write Proverbs 3:5-6 in your own words
- Step #3: Write out two or three things you discover from this passage?

Daily Bible Meditation: A Study of Wisdom

- Sunday – Psalm 119:33-48
- Monday – Psalm 119: 49-72
- Tuesday – Psalm 119:73-96
- Wednesday – Psalm 119:97-112
- Thursday – Psalm 119:-113-128
- Friday – Psalm 119:129-152
- Saturday – Psalm 119:153-176

Lesson: Wise Choices

1. What does it mean to trust the Lord with all of your heart?

Let people share what they understand trusting in the Lord means. I think we quickly say we trust in the Lord, but often our actions or attitudes show differently. We all attempt to live self sufficient and self serving lives. When it comes down to it, many of us we trust in ourselves. Past hurts, losses, failures, tragedies has made us unconsciously trust in ourselves. Yet, it is all of those reasons that we should come to the conclusion that trusting in the Lord is the only option.

2. According to Proverbs 3:5-6, where do wise choices originate from?

When we trust in ourselves and our own understanding (wisdom) we make unwise, limited thinking choices. God is all powerful, all knowing, all present, and all wise and so when we trust in him and his wisdom which is found in the word of God, we will learn to make wise choices.

3. How would you rate those around you at making wise choices in life?

Let people share what they see without naming others and without becoming judgmental as this all comes back around to ourselves if we depend on our own wisdom and understanding.

4. How could all people following God’s word change the world as we know it?

This is big (maybe ridiculous) thinking, but ponder anyway for a moment in open dialog what would be different if every person listened to God’s word and took it as perfect wisdom and chose to follow and obey it. What if just Christians began to be obedient to the word of God?