

## Small Group Leader & Personal Bible Study

### Memory Verse: Proverbs 12:18

*Reckless words pierce like a sword, but the tongue of the wise brings healing.*

**Discovery Bible Study Exercise:** In your journal or on a piece of paper make three columns and follow these steps:

- Step #1: Write out Proverbs 12:18
- Step #2: Re-write Proverbs 12:18 in your own words
- Step #3: Write out two or three things you discover from this passage?

### Daily Bible Meditation: A Study of Wisdom

- Sunday – Proverbs 6
- Monday – Proverbs 7
- Tuesday – Proverbs 8
- Wednesday – Proverbs 9
- Thursday – Proverbs 10
- Friday – Proverbs 11
- Saturday – Proverbs 12

### Lesson: Wise with Words

1. Explain how have you experienced pain that came from a reckless tongue?

Allow people time to process how they have experienced hurt from the tongue. It may be a parent, a spouse, an employer, a friend, an enemy... but most all of us have experienced. The damage caused by a reckless tongue is large and long lasting. Unfortunately, most of us only reflect on the hurt piled to us rather than the hurt we may have caused with our own tongues.

2. How might you be guilty of having allowed your tongue to cause pain and hurt?

For some of us, when we are attacked, we in turn attack back and in doing so we cause damage. Jesus was clear that we are to love (even our enemies) and not fight as the world does.

Allow people to deeply reflect and repent if needed. Let this be a time of healing and learning. Remind people of forgiveness and the fact that it is never too late to change. God wants to transform our lives and our tongue but we must be willing to submit to His authority and power.

3. How can the wise use of your tongue bring healing?

A transformed life will carry the power to bring healing. Using our words to touch others with healing is God's plan. It is only when we rely on God and seek to follow and please him that we are able to be a means of delivering God's grace.

4. Reflect a moment, can you think of someone whom God is tugging at your heart to offer words of encouragement, guidance, forgiveness, and healing? What is stopping you from responding to God's call?

Pray individually for people that God is laying on the hearts of his people to reach out to and bring words of encouragement and love. Pray for people whom he would have you provide guidance for life. Pray for people who need to be forgiven and for those in need of healing from whatever has harmed them. Pray that your group will be a blessing and ministry of healing through the power of the Holy Spirit using you and guiding your tongue.