

Soul Music: Songs for the journey home
August 20, 2006 - Pastor Tim Wood

A song to quiet our souls - Psalm 131
What did David learn that quieted his soul?

1. He learned to be _____.

2. He learned to be _____.

3. He learned to be _____.



Personal Meditation & Small Group questions for the week of Aug. 20

"The Message" Translation of Psalm 131

GOD, I'm not trying to rule the roost, I don't want to be king of the mountain. I haven't meddled where I have no business or fantasized grandiose plans. I've kept my feet on the ground; I've cultivated a quiet heart. Like a baby content in its mother's arms, my soul is a baby content. Wait, Israel, for GOD. Wait with hope. Hope now; hope always!

1. What can happen when we put humbleness aside and try to rule the roost in areas that we are not meant to rule?
2. How can our "grandiose plans" have a negative effect on our trust relationship with God?
3. How does being content in the arms of God, like a baby in the arms of his mother, help us in our relationship with God?
4. What lessons have taught you to wait with hope?
5. In your quiet time this week, read and write down what you learn from these verses about who we are to be in Christ?
 - Philippians 2:1-11
 - Proverbs 16:18-20
 - Romans 12:16
 - James 4:6
 - Hebrews 13:5