

We Are Filled With Joy - Psalm 126

1. Because of our freedom... (verses 1-3)

2. Because of our fullness... (verse 4)

3. Because of our fruitfulness (verses 5-6)



Read these eternal promises of God: Romans 8:1-17, Colossians 1:13-14, 1 Corinthians 15:56-58

1. Psalm 126:1-3, Freedom: The Bible and our lives are filled with stories of rescue from captivity. What has God freed you from? What great things has the Lord done for you?

Read Ephesians 5:18-19. We are to be continually "filled with the Spirit" and He will produce an overflow in our lives.

2. Psalm 126:4, Fullness: Verse 4 compares the Lord's refreshing of a restored life to a fresh stream of water in the desert. As fresh water fills up the river and produces a plentiful harvest of blessings and joy, so the Spirit of Christ fills us and produces an abundance of fruit and we are filled with joy. Do you experience joy overflowing in your life today? Are you continually being filled with the Spirit?

Read about sowing generously in 2 Corinthians 9:6-15.

3. Psalm 126:5-6, Fruitfulness: How are you sowing? What are you sowing? How should you respond to God as you contemplate how God has freed us from the captivity of Satan. Respond to how he gave us a restored life that comes through the cross of Christ, and how He continues to fill our lives with His Spirit?

For further study during your quiet time with God this week, read the Old Testament story of God's rescue of the Israelites from captivity. Read 2: Chronicles 36:15-23 "The Fall of Jerusalem" followed by the short books of Ezra & Nehemiah, the story of the return to freedom of the Israelites, the rebuilding of the temple and the city of Jerusalem. Search this story for freedom, fullness, and fruitfulness that filled God's people with joy.